



- No Regrets 2011 -

12 ways to be a leader in the fight
against pornography within the church,
our families, and our communities.

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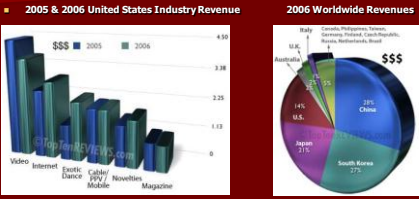
Today's Outline

- Part 1: how to effectively resist this significant challenge that we face as men
- Part 2: important ways to protect our loved ones
- Part 3: how to remain vigilant against the future impact of porn on our culture.

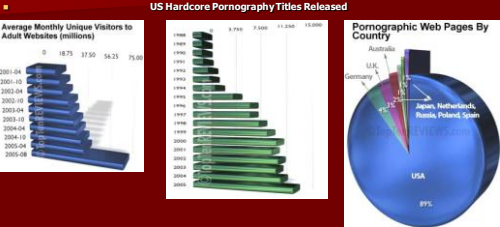
Some Background Information

The impact of this challenge on our culture

Pictures are worth.....



<http://internet-filter-review.toptenreviews.com/internet-pornography-statistics.html#anchor2>



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■ **US Adult Internet User Demographics – Income**

Income Bracket	Percentage
Under \$15k	6%
\$15k-\$25k	7%
\$25k-\$35k	10%
\$35k-\$50k	17%
\$50k-\$75k	26%
\$75k+	35%

■ **US Adult Internet User Demographics - Age**

Age Group	Percentage
55+	20%
18-24	14%
45-54	21%
35-44	26%

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Key Porn Statistics

- **Pornographic websites** 4.2 million (12% of total websites)
- **Pornographic pages** 420 million
- **Daily pornographic search engine requests** 68 million (25% of total requests)
- **Daily pornographic emails** 2.5 billion (8% of total emails)
- **Internet users who view porn** 42.7%
- **Received unwanted exposure to porn** 34%
- **Average daily pornographic emails/user** 4.5 per Internet user
- **Monthly Pornographic downloads (peer)** 1.5 billion (35% of all downloads)
- **Daily Gnutella "child pornography" requests** 116,000
- **Websites offering illegal child pornography** 100,000
- **Sexual solicitations of youth in chat rooms** 89%
- **Youths who received sexual solicitation** 1 in 7 (down from 2003 stat of 1 in 3)
- **Worldwide visitors to pornographic sites** 72 million visitors to pornography; Monthly
- **Internet Pornography Sales** \$4.9 billion

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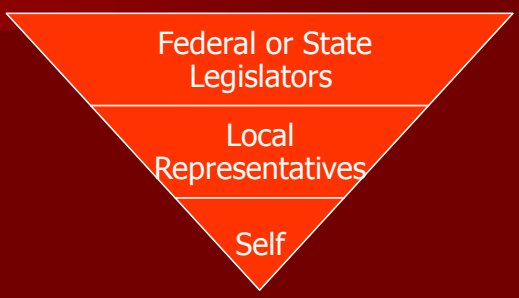
- **Pornography Time Statistics:**
 - Every second - \$3,075.64 is being spent on pornography
 - Every second - 28,258 Internet users are viewing pornography
 - Every second - 372 Internet users are typing adult search terms into search engines
 - Every 39 minutes: a new pornographic video is being created in the United States
- **Top Pornography Banning Countries:**
 - Saudi Arabia, Iran, Syria, Bahrain, Egypt, UAE, Kuwait, Malaysia, Indonesia, Singapore, Kenya, India, Cuba, China

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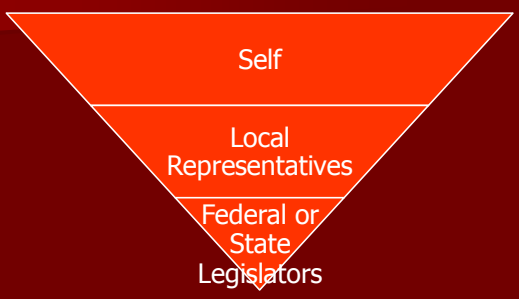
A "Recipe" for Problems



False Division of Responsibility



Accurate Description



Part One

How men can resist this significant challenge: Leadership begins with setting an example of purity

Maintain Transparency...

■ **with your use of media and technology**

- Passwords cannot be secret
- Set up personal rules regarding usage patterns
- Temptation is hard to resist when you don't fight it

Develop Accountability...

■ **with other men**

- First step: Internet accountability software
- Regular meetings that occur more than 1x/month
- Depth of conversation is beyond the surface level

Resist pride and arrogance...

■ in everyday life and in your faith

- Remember your own helplessness and failures
- Learn from examples set by other men around you
- Use spiritual disciplines often and depend on them

Seek a balance...

■ between your activities at home and at work

- Know what makes you satisfied and what doesn't
- Demonstrate priorities that are evident to others
- Evaluate the idea of: Success vs. Significance

Part Two

Protecting our loved ones is centered upon our daily actions taken on their behalf

Implement broad filters...

- **to use on any piece of technology**
 - DVR's can control time and commercials
 - Parental guides offer peace of mind
 - Filter Internet access at the source(s)

Develop emotional depth...

- **with all your family members**
 - Be aware of individual needs and concerns
 - Accept the challenges that exist in your family
 - Families can rise or fall on the actions of a man

Set clear standards...

- **that do not involve any compromises**
 - Avoid being a hypocrite to your children
 - Inform and explain the risks to those around you
 - Don't be afraid to be different in the things you do

Pursue wisdom...

- **with your use of time and in your decision making**
 - Control your schedule and allow for some margin
 - Say no to extra responsibilities and challenges
 - Learn how to respond to people more effectively

Part Three

How to remain vigilant against the growing battle in our culture

Be active with your support...

- **of family friendly businesses**
 - Grass roots efforts can work to keep things "pure"
 - Know how your money supports pornography
 - Find alternatives to your "usual" options

Remain focused on...

- **the current trends within our culture**
 - Email newsletters are great ways to be up to date
 - Local organizations can help offer information
 - Connect with active community members

Repeat "Part One"...

- **and make it as consistent as possible**
 - The growth of temptation will not slow down
 - Every choice has a consequence: sooner or later
 - The sins of the father have generational effects

Empower others...

- **to be strong, heal, and get active**
 - Develop connectedness within the community
 - Men are wired to be leaders and protectors
 - Your legacy is being shaped every day of your life

Important Resources

- Websites
 - XXXChurch.com
 - CovenantEyes.com
 - PureHope.net
- Books
 - Write down a suggestion from Steve...
- Counseling
 - You cannot overcome problems on your own and you can't help others on your own

A Summary of the 12 Ways:

- Maintain transparency with the use of media and technology
- Develop accountability with other men
- Resist pride and arrogance in everyday life and in your faith
- Seek balance in your activities between home and work
- Implement broad filters to use on any piece of technology
- Develop emotional depth with all your family members
- Set clear standards that do not involve any compromises
- Pursue wisdom with your use of time and in your decision making
- Be active with your support of family friendly businesses
- Remain focused on the current trends within our culture
- Repeat "Part One" and make it as consistent as possible
- Empower others to be strong, heal, and to get active themselves

Contact Information

- Steve Johnson is a Licensed Professional Counselor, working at Hergert & Associates Family Counseling Services in Marshfield and Stevens Point. The speaking, writing and seminars that Steve provides are through his "Total Integrity" ministry. He enjoys serving people both in his counseling office and outside of it at events like this one. For more information about all of his services, please use the following information:

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