

## - Pursuing Purity -

### So why have a counselor come speak?

- Because I see the devastating effects of sexual sin everyday
  - Because I see the effects of impulsive choices everyday
  - Because regret is an enemy that exists in many people's lives
- Because I meet with men that wish they could "redo" things as a teenager
- Because I meet with women who wish the men in their lives could "redo" things

### The Current Challenges to Purity:

- Some studies show that over 50% of teenagers have had sex (\*)
- Some studies show that over 50% of Christian men struggle with porn (\*\*)

**Be Smart** = 1 Corinthians 6:18 - Flee from sexual immorality....

**Think Ahead** = 2 Corinthians 10:5 - ...we take captive every thought to make it obedient to Christ.

**No Regrets** = Proverbs 7:22 - All at once he followed her like an ox going to the slaughter...

### 5 Lies Guys Tell Themselves Regarding Their Sexual Choices

1. My dad, friend, or brother does "it", so everyone else must be doing "it", too.
2. I can stop "it" whenever I want and "it" will all go away.
3. Girls are not bothered by "the things" I do when I'm by myself.
4. I won't have "this problem" when I am in a relationship with someone.
5. I can get away with "this" because no one will be able to find out.

#### Helpful Links

[www.covenanteyes.com](http://www.covenanteyes.com) (accountability)  
[www.xxxchurch.org](http://www.xxxchurch.org) (beyond accountability)  
[www.filterreview.com](http://www.filterreview.com) (possible filters)  
[www.afa.org](http://www.afa.org) (American Family Association)  
[www.family.org](http://www.family.org) (Focus on the Family)  
[www.cleanhotels.com](http://www.cleanhotels.com) (no room pay-per-view)

#### Helpful Books

Not Even a Hint, Joshua Harris  
The Purity Principle, Randy Alcorn  
Think Before You Look, D. Henderson

### Sample Personal / Accountability Questions

1. What have you been watching lately that has caused problems with your purity?
2. What place has God had in your life since we last met.....first or last?
3. How can I be praying for you and helping you over the next days?
4. What did my accountability report look like when it came to you last time?
5. What are you doing to take captive every thought that enters your mind?

(\*) [http://www.heritage.org/Research/Family/upload/ff\\_gl\\_01.pdf](http://www.heritage.org/Research/Family/upload/ff_gl_01.pdf)

(\*\*) [http://www.covenanteyes.com/help\\_and\\_support/article/internet\\_pornography\\_statistics/?c=80](http://www.covenanteyes.com/help_and_support/article/internet_pornography_statistics/?c=80)